

Hammers and Nails

Artist: The Bones of J.R. Jones / Album: Spirits Furnace / i-Tunes download / Time 2:49

Level: Intermediate / Genre: Alternative Folk / Moderate speed

Choreo: Barbara Bizovie, CCI / okanagancloggin@hotmail.com

2023

Sequence: Intro A B A B Break C D A

Wait 16 Beats, begin with left foot lead

Intro (16 beats)

(8) Indecision Dog DS DS(xif) DT H(d)/H(up) H(d)/H(up) H(d)/H(up) SK Hlck H S ^{turn 1/2 L} H(w) H(w) RS
(Turn 1/2 L) L R L L R R L R R L R LR
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

Repeat the above 8 beats using same footwork

Part A (32 beats)

(4) Too Much DS DS(xif)/Break(ib) Htch(if) Ttch(ib) H/S Lift
L R L R L/R L
&1 &2 & 3 & 4

(4) Fancy Double DS DS RS RS
L R LR LR
&1 &2 &3 &4

(8) Slider Canadian DS DR S(xif) S(ots) BRK/S(xib) Pull L across(ots) S RS DS DS DT Hop Tch
L L R L L/R L L RL R L R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 e &a 8

Repeat the above 16 beats using opposite footwork

Part B(16 beats)

(8) Indecision Dog DS DS(xif) DT H(d)/H(up) H(d)/H(up) H(d)/H(up) SK Hlck H S ^{turn 1/2 L} H(w) H(w) RS
(Turn 1/2 L) L R L L R R L L R R L R LR
&1 &2 & 3 & 4 & 5 & 6 & 7 & 8

(8) Hammers & Nails DS H(w) S R S STO STO (P) S DT Hclk TTch(b) Hclk STA(f) Hclk
L R L R L R L R L R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Repeat the above 16 beats using same footwork

Part A [Too Much, Fancy Double, Slider Canadian] **Repeat using opposite footwork**

Part B [Indecision Dog (turn 1/2L), Hammers & Nails] **Repeat using same footwork**

Break (12 beats)




(4) Fancy Heel Tch DS DS H(tch) Hclk H(tch) Hclk
L R L R L R
&1 &2 & 3 & 4

(8) Roundout 8 DS TH(xif) TH(ib) TH(ots) TH(xif) TH(ib) TH(ots) TH(ots)
L R L R L R L R
&1 &2 &3 &4 &5 &6 &7 &8

Hammers and Nails

Page 2

Part C (32 beats)

(4) Walkover with claps DS Clap S(xif) Clap S(ib) Clap S(ots)
L  R L  R L  R
&1 & 2 & 3 & 4

(4) Rocking Chair (turn 1/4 L) DS BR (turn 1/4 L) Hclk DS RS
L R L R LR
&1 & 2 &3 &4

Repeat the above 8 beats 3 more times

Part D (32 beats)

(4) Rooster Run DS DS(xif) R(ots) S(xib) R(ots) S(xif)
L R L R L R
&1 &2 & 3 & 4

(4) Only Wanna (Turn 1/4 L) DS DT Hclk RS BA(ib) SL
L R L RL R R
&1 & 2 &3 & 4

Repeat the above 8 beats 3 more times

Part A(32 beats) [Too Much, Fancy Double, Slider Canadian] **Repeat using opposite footwork**

Step abbreviations

DS = double step
DR = drag
S = step
RS = rock step
H = heel
BA = ball
BR = brush
BRK = break
P = Pause
T = toe
DT =double toe
STA = stamp
STO = stomp
SK = skuff

Direction

xif = cross in front
xib = cross in back
ots = out to side
ib = in back
if = in front
tch = touch
w = takes weight
clk= click
d = down